



## Menu Item Substitution List

If you would like to receive any of the following food items, please write them on your menu.

\*\*\*The diet prescribed for you by your physician may limit your selection choices

### BREAKFAST

Cold Cereal	English Muffin
Oatmeal	Bagel/Cream Cheese
Cheese Omelet	Plain Donut
Fried Egg	Danish

### LUNCH AND DINNER HOT ITEMS

Grilled Cheese Sandwich	Mashed Potatoes/Gravy
Hamburger on bun	Baked Potato
Cheeseburger on bun	Pasta (Plain or with sauce)
Hot Dog on bun	Chicken Breast
Pizza	Chicken Noodle Soup
Chicken Tenders	Tomato Soup
Veggie Burger	Vegetable Soup

### LUNCH AND DINNER COLD FOOD ITEMS

Turkey Sandwich	Tossed Salad
Tuna Salad Sandwich	Cottage Cheese
Cheese Sandwich	Cottage Cheese & Fruit
PBJ Sandwich	Hard Boiled Egg

Sandwich of the day:

Monday: Tuna Salad Sandwich

Tuesday: Egg Salad Sandwich

Wednesday: Chicken Salad Sandwich

Thursday: Ham/Ham Salad Sandwich

Friday: Tuna Salad Sandwich

Saturday: Chicken Salad Sandwich

Sunday: Peanut Butter & Jelly Sandwich